



Program Standards

Program Name:	Child and Babysitting Safety (CABS) [interim version]
Intended Audience: Community	Young people providing babysitting and child care services
Prerequisites:	None (CPR/AED and First Aid certification strongly recommended)
ASHI-approved Training Materials:	<i>Child and Babysitting Safety</i> student text (one per participant), <i>Child and Babysitting Safety Instructor Guide</i> (one per Instructor).
Recommended Initial Instruction Time:	4.5-6 hours
Recommended Renewal Instruction Time:	About half of Initial Instructional Time
Maximum Student-to-Instructor Ratio:	10:1
Student-to-Equipment Ratio:	3:1
Successful Completion: (Certification)	Written Exam: Recommended (70% or better) Performance Evaluation: Required for all (perform competently without assistance). 1. Demonstrate proper hand washing technique with soap and water or an alcohol-based hand rub. 2. Demonstrate the proper method for changing diapers. 3. Demonstrate the steps to manage choking in a responsive infant and child. 4. Demonstrate how to control severe bleeding. 5. Demonstrate how to perform spinal motion restriction.
Card Issued	Child and Babysitting Safety certification card
Certification Period:	Up to 2 years
Note(s):	• Many experts feel that fourteen (14) is generally an appropriate age to begin babysitting, but maturity, responsibility and the ability to react effectively in case of an emergency must always be considered regardless of age.